

Proud Sponsor



In Cooperation with the City of New York Parks & Recreation

Information: Gene Camp 718-544-4592 – nyawa@aol.com

The Bronx Borough President Ruben Diaz Jr. and the Bronx Tourism Council presents the



Bronx Week Food & Arts Festival

28th Annual 'BRONXBORO' ARMWRESTLING CHAMPIONSHIPS & BRONX STRONGEST ARM SUNDAY, MAY 22, 2011

The Main Stage at Mosholu Parkway South

Between Van Cortlandt Ave. East & Bainbridge Ave. BX, NY. 10458

Public Transportation to Mosholu Pkwy South

Take # 4 Train to Mosholu Parkway /Jerome Avenue - or

Buses to Mosholu Parkway South - Bx1 - Bx2 - Bx10 or Bx28

Car - Bronx River Pkwy to # 8 W. MOSHOLU PKWY to DR. THEODORE KAZIMIROFF BLVD to Venue
Map Quest 190 E. Mosholu Parkway South Bronx, NY. 10458

*A White Castle New York Golden Arm Series Event

Amateur and Pro Weight Classes – Men and Women

Men: (R & L) - 154 – 176 – 198 – 225 – 226+ -

Master: (R) 45+ Years old

Women (R) 125 - 143 & 144+ -

Junior Contest (R) 13-17 years old OPEN Boys and Girls –
17 AND Under *Parent or Guardian Signature Required



Note: Three contestant's requirement per class *5-pound clothing allowance

FREE ADMISSION – ENTRY FEE \$25 Pro - \$20

Amateur

**Includes a FREE White Castle Armwrestling T-shirt –
First 50**

***FREE ENTRY! To Novice - First Time Beginners and Juniors**

Registration & Weigh-In 10 a. m. – Start Time – 1 p. m.

Awards for First, Second & Third Place

Captain's of Crush® Grippers Bronxoro Armwrestling MVP Awards

\$100 Cash Prizes to Bronx Strongest Male R & L and Female - R

Bonus: Additional \$100 to any man who could win both R & L Overall

1st, 2nd & 3rd place winners invited to compete at the Empire State Golden Arm Tournament of Champions on November 17, 2011 at the Port Authority Bus Terminal - NYC

HOTLINE >>> {718} 544-4592 – www.nycarms.com