



# New York Armwrestling® Association

Information: 718-544-4592 or [nyawa@aol.com](mailto:nyawa@aol.com)

Cheap Shots Sports Bar – 718-969-0070

NYAWA Website: [www.nycarms.com](http://www.nycarms.com)



## Benefit Fundraiser for American Red Cross 2017 NEW YORK CITY SIT-DOWN ARMWRESTLING CHAMPIONSHIPS

New York State Sit-Down Arm Wrestling Title



**SUNDAY, OCT. 22, 2017**

**Start Time: 1:00 P.M.**

**\*\*\* \$5.00 GENERAL ADMISSION \*\*\***



### Cheap Shots Sports Bar

**Address:** 149-05 Union Turnpike Flushing, NY. 11367

**Weigh-In & Registration 9:30 a.m. to 12:50 p.m. Start 1 p.m.**

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**Proud Sponsors:** Ironmind.com, Captains of Crush Grippers, Cheap Shots Sports Bar and New York Arm Wrestling®

### NEW YORK STATE SIT-DOWN ARMWRESTLING AWARDS

**First, Second and Third Place ½ Pound Medallions**

**Certificates, Plaques, Arm-Star, Team and MVP Awards**

### MVP Cash Prizes and Awards

**Men - R & L - \$100 NYC SIT-DOWN MVP OVERALL CASH PRIZE AWARDS:**

**Bonus: \$100 Cash Prize - MUST WIN both R & L Overall**

**Women R & L MVP Awards Only**

**Team Championship Award: Most Points Scored**

### Entry Fees:

**Amateurs: \$20.00 - Pros: \$30.00 - Women: \$10.00**

**NYAWA Members: \$5.00 Discount per category**

**Weight Classes - (5-pound clothing allowance)**

**MEN: Amateur and Pro (R & L) 154 - 176 - 198 - 199+ OPEN**

**MEN: Masters M(R) 43+Years Old - M(R) 55+ - M(L) 43+ OPEN**

**WOMEN: W(R)130 - W(R)150 - W(R)151+OPEN & W(L) OPEN**

**Note:** Three contestants per class or category consolidation could occur to Pro-Am or advance to higher weight class or category - 18 and over

**Tee-Shirt Restrictions: No Arm Wrestling Organizations T-Shirts Permitted  
Arm Wrestling Team T-Shirts and NYAWA T-Shirts Permitted**

### Public Transportation

**Train:** Take the E or F Train to Union Turnpike/Kew Gardens Stop - Than take the Q-46 Bus to Main Street/Union Turnpike Stop - Walk down 2 blocks on Union Turnpike (Left Side) to Cheap Shots Sports Bar 149-05 Union Turnpike between 149th Street and 150th Streets.

**Busses:** Q-46 - Q-44 & Q-20 ALL stop at Main Street and Union Turnpike

**Cars:** Street Parking

**Contact:** Gene Camp 718-544-4592 - Email: [nyawa@aol.com](mailto:nyawa@aol.com) - Website: [nycarms.com](http://nycarms.com)

**Sanctioned and Supervised by:** New York Arm Wrestling® Association, Inc.